Viruses: Hacking the Host

SITN
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The “Grippe” of Influenza on the world

"The 1918 has gone: a year momentous as the termination of the most cruel war in the annals of the human race... Medical science for four and one-half years devoted itself to putting men on the firing line and keeping them there. Now it must turn with its whole might to combating the greatest enemy of all--infectious disease."

-Journal of the American Medical Association, 28 December 1918

Fort Riley, Kansas

The pandemic of 1918–19 killed between 20 and 40 million people worldwide. World War I combat deaths numbered 8-13 million.
How can we prevent the next worldwide flu pandemic?

- The 1918-1919 Pandemic just stopped, there was no cure, or even a reason for the disease.
- Influenza Virus (the virus that causes the flu) was not isolated until 1933.
- Studying a virus can allow us to predict where it is going to strike next and how to cure it.

Qinghai (H5N1) and Poyang Lakes (H1N1) in China were determined to be sites of high flu speciation.

Migration of Waterfowl in the East Asian Flyway and Spatial Relationship to HPAI H5N1 Outbreaks
Avian Influenza must MUTATE to infect humans!
The US CDC has characterized **2,083 DIFFERENT influenza viruses** present in the United States since October 1, 2014.
Outline

Part I:

What is a virus?
Virus Diversity

Part II:

Where do viruses come from?
Zoonosis
How can we keep track of emerging viruses?
What is a Virus?

A virus is a packet of protein encapsulated DNA or RNA that MUST infect a cell to make more viruses.

Most viruses are ~200 nanometers in diameter. A virus is ~10,000 times smaller than a flea and 100x smaller than a cell!
A day in the life (of a virus)

**Step 1:** Get into a cell.
**Step 2:** Make more Viruses (genomes and proteins)
**Step 3:** Escape

Diagram shows:
- Virus
- Virus Receptor Protein
- Cell
- New Viruses
**Tropism**: A cell must have a specific protein(s) in order for a virus to get inside the cell.

- Not all Viruses are able to infect the same cells.
- Not all cells can be infected within an organism.

Can any virus infect any cell?

[Diagram showing Bacteriophage not infecting a Human Cell, and Measles Virus infecting a Human Cell, and Bacteria Cell not infecting a Human Cell]
Viruses are VERY diverse

Viruses are broken into 7 defined Orders and then into several distinct families.

<table>
<thead>
<tr>
<th>Defined Virus Orders</th>
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<tr>
<td>Caudovirales</td>
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<table>
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<tr>
<th>Families</th>
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<tr>
<td>Siphoviridae</td>
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<td>Myoviridae</td>
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<td>Podoviridae</td>
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Better get more chairs for the reunion.

Within each family are several species of virus, and within a species are tens to thousands of strains!
Central Dogma of Molecular Biology

DNA

RNA

Protein
Virus Groups

Viral DNA

Reverse Transcriptase (protein)

Viral RNA

Viral Proteins

Herpes Simplex Virus-1

Influenza A Virus

Human Immunodeficiency Virus
Summary

1. Viruses are tiny particles of encapsulated genetic material.
2. Viruses require a cell to make more viruses, but can only infect certain cells, and only make new viruses in certain cells.
3. Viruses are diverse! There are thousands of new species of virus found every year, and countless strains!

Questions?
**DNA Viruses:**
- DNA Genome
- Don’t mutate as often as RNA viruses
- Larger viruses

**RNA Viruses:**
- RNA Genome
- Mutate more often than DNA viruses
- Smaller Viruses

**Retroviruses:**
- Turns its RNA Genome into DNA

**Viruses in focus**
- Herpes Simplex Virus-1
- Influenza A Virus
- Human Immunodeficiency Virus
Herpes Simplex Virus-1 (HSV-1)

- *It’s definitely Herpes*… 60-88% of the USA has it in their blood/cells/tissues.
- HSV-1 can cause genital and mouth sores.
- HSV-1 can be dangerous/lethal
  - Herpes Keratitis- Infection of the eye which can lead to blindness.
  - Herpes Encephalitis- Infection of the brain which can cause encephalitis and death.
The Herpes Simplex Virus-1 Lifecycle (3 major steps)

1. HSV-1 enters the cell and makes its immediate early proteins which allow the virus to make early proteins.
2. The early proteins make more virus DNA.
3. The new virus DNA is packaged in the late proteins to form new viruses, which leave the cell.
What makes Herpes Simplex Virus-1 dangerous?

- HSV-1 Thymidine Kinase (TK) is an Early protein that helps to make DNA for the virus.
- Aciclovir fools the HSV-1 TK into making a toxic nucleotide which stops HSV-1 from making new virus DNA.
- HSV-1 can mutate its TK gene to become resistant to this drug by changing one part of the TK protein.
RNA Viruses:
- RNA Genome
- Mutate more often than DNA viruses
- Usually replicate in a cell’s cytoplasm

Influenza A Virus
Influenza A Virus (IAV)

• Causes the Flu, which infects millions of people each year, and countless aquatic birds.

• Flu virus is typed by its hemagglutinin (HA) and neuraminidase (NA) surface proteins (i.e., H1N1 = a flu with HA-1 + NA-1).

• The Flu virus has 8 distinct genomic RNAs and can mix and match with other flu viruses to create new species/strains of virus.
The Flu virus proteins PB2/PB1/PA are responsible for making new flu RNAs.

A single mutation in PB2 can allow IVA to jump from birds to humans.

The pandemic flu of 1918-1919 had this same mutation!

IAV with PB2-627E is sooo mainstream
Retroviruses:
- Turns its RNA Genome into DNA
- To make new viruses they must insert their genome into the host cell’s DNA. They can only make more virus once they do this!

Human Immunodeficiency Virus
HIV uses a protein called Reverse Transcriptase to turn its RNA genome into DNA.

HIV DNA cannot make any mRNA or new HIV viruses until it integrates (inserts itself) into the host’s DNA.

Once integrated HIV can rapidly produce more HIV viruses or ‘hide’ inside the host DNA (Clinical Latency).

Jurema Oliveira - Based on Figure 1 in Pantaleo, G et al. (February 1993)
We can target a virus with drugs that stop it from replicating its genome.

Viruses mutate to overcome drugs and our own defenses.

A virus normally only infects a specific host but can mutate to jump to another host.
Where do viruses that infect humans come from?
2014-2015 Ebola Outbreak

- So far: 27,181 cases
- 11,162 deaths
Zoonosis

- An animal infection transmissible to humans
  - Everything comes from somewhere

Bubonic Plague

Rabies virus

Ebola virus

Lyme Disease

Mad Cow Disease
Zoonosis

- An animal infection transmissible to humans

- Everything comes from somewhere

Bubonic Plague
Rabies virus
Ebola virus
Lyme Disease
Mad Cow Disease
SARS
Influenza virus
Monkeypox
Chikungunya virus
MERS
Hantaan virus
West Nile virus
Dengue virus
Sleeping sickness
Lassa fever virus
Machupo virus
Marburg virus
Nipah virus
MERS
Influenza virus
Viruses are the most problematic

• Viruses evolve quickly

• Unaffected by antibiotics
  – No broad-spectrum antivirals

• Can inflict high rates of fatality
  – Rabies is 100% fatal in humans if not treated
Zoonotic pathogens “hide” between outbreaks

• Zoonotic viruses hide in reservoir hosts (also known as natural reservoirs)
  – Chronically carry the pathogen
  – Not harmed by it

Swine flu

West Nile virus

Rabies
Nipah
Hendra
Marburg
SARS
More…
The path to humans is not always simple
Variables that affect spillover potential

Exposure

Infection

Spread
Different fates for a spillover

“Dead-end” spillover

Outbreak

Pandemic
Zoonotic viruses are difficult to eliminate

- Smallpox virus
- Varicella Zoster
- Polio virus
- Ebola virus
- Influenza A virus
- West Nile virus
- Rabies virus

Spillover (Zoonosis)
Tracking spillovers is key to prevention
Finding a Natural Reservoir for a virus

Gold Standard:

– Find live virus/pathogen in the suspected animal.
– Find virus’ genome.
– Find antibodies against the virus within animal reservoir.
Key points

• Most emerging diseases come from animals

• Viruses are the most problematic

• Many factors influence whether a virus will spill over into humans

• Tracking spillovers and finding natural reservoirs is key to prevention and preparedness
Thank you!

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addgene
The nonprofit plasmid repository